




How well do I know myself?


Do I know what is the best for me?

What is my ideal environment?


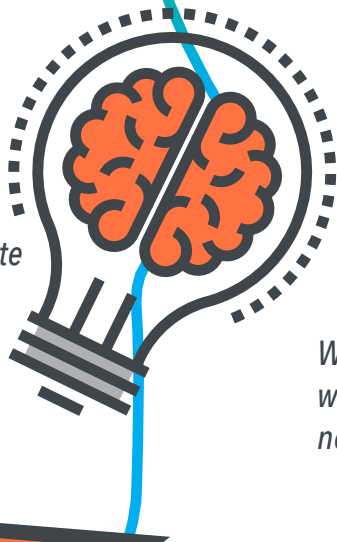
How I can easily achieve my goals?



How can I better orientate myself in the world?



Why do I interact better with some people and not so easily with others?



Is there a link between these questions and my personality?

Join our live, interactive and fun training session, that will allow you to better understand your personality, orientate yourself in the world and efficiently interact with others

This training is based on the widely adopted personal assessment and awareness tool called **DISC**, developed by psychologists W. Clarke and W. Moulton Marston

The researchers identified four traits that are the fundamentals of the personality of each person:

Dominance, Influence, Steadiness, Compliance

These four components are present in each of us, but in different proportions: by consequence, each personality is unique

This training session will allow you to better understand the four traits that constitute your personality and their respective role

You will also discover your **DISC** style, in order to assess what is the best for you, together with a solid basis to orientate yourself in the world and to efficiently interact with others

Type of training: live, remote, interactive, delivered by certified trainers

Required tools: internet, e-mail, PC/tablet and a smartphone

Duration of the session: 4 hours (morning or afternoon)

Included in the training:

- your individual **DISC** personality report (25 pages)
- practical and effective tools

